

La Goupillère Country House

Your Welcome Pack

This is intended for a light snack on your first evening and a continental breakfast the following morning.

Most guests arrive on a Saturday when the nearest supermarket (Carrefour in Bais, 7 km) closes at 20:00. It is open on Sunday morning until 12:00. The bigger supermarket (Super U in Villaines-la-Juhel, 11 km) closes at 19:00 and is not open on Sunday. If you come from the North, by the most usual route via Villaines-la-Juhel you will drive past Super U, just off the by-pass. Both are open at lunchtimes.

Your "Welcome Pack" consists of...

- 1 bottle red wine (*e.g. Côtes du Rhône or Bordeaux*)
- 1 bottle white wine (*e.g. Sauvignon or Muscadet*)
- 1 bottle fresh orange juice
- 2 bottles still mineral water
- 1 bottle fresh milk semi-skimmed
- 6 bottles premium lager (*e.g. 1664 or Leffe*)
- 6 cans soft fizzy drink (*e.g. Orangina or Perrier*)
- 1 bowl of fresh fruit (*seasonal*)
- Fresh eggs (*from our own chickens*)
- Tomatoes
- Green salad (*bagged*)
- French bread
- Butter (*slightly salted*)
- Local Camembert cheese
- Sliced ham
- Croissants & jam

All foodstuffs will be purchased on the day of arrival and, if appropriate, will be in sealed packaging and refrigerated.

If there is anything that you do not like or want, let us know and we will substitute alternatives to your liking. If you'd prefer e.g. "lite" soft drinks or sweet wine let us know. If you'd like us to buy additional food or drink for you prior to your arrival please let us know and we will be happy to do so at cost price.

Vegetarians, vegans and people with specific dietary or religious requirements, please let us know what you would like. Organic foods, "Bio", are widely available should you wish to buy these but we cannot guarantee the products we supply are organic. Although we will go out of our way to satisfy your needs we regret we cannot supply Kosher or Halal foods because of local availability. If you have any allergies or intolerances please tell us so we can make appropriate arrangements. If you are coeliac we advise you to bring suitable foodstuffs with you as gluten-free products are not generally available locally. However, a small range is available in Super U and the large hypermarkets have an increasingly wide range, including fresh bakery products. We can direct you to these, and also to the various Bio specialist shops.

Food Basics

These will be in the kitchen when you arrive so that you do not need to worry about your first night or so. Resupply is not included in the rental so if they run out please replace them like for like, for yourselves of course but also for the benefit of subsequent guests, as previous guests will have done for you.

- Tea bags
- Coffee (for percolator)
- Coffee filters
- Salt & pepper
- Sugar (cubes)
- Flour (for thickening)
- Olive oil
- Balsamic vinegar
- Stock cubes

Notes : We reserve the right to substitute items at our discretion. Whilst we will strive to provide items that comply with specific dietary requirements, we cannot guarantee that they will comply with them.