

# La Goupillère Country House

## Your Welcome Pack

This is intended to be plenty for a light meal on your first night and a continental breakfast the following morning, so you can be assured you will not go hungry or thirsty whatever time you arrive. Most guests arrive on a Saturday when the nearest supermarket (Carrefour in Bais, 7 km) closes at 20:00. It is open on Sunday morning until 12:30. The bigger supermarket (Super U in Villaines-la-Juhel, 11 km) closes at 19:00 on Saturday (19:30 in summer) but is not open on Sunday. If you come from the North, by the most usual route via Villains-la-Juhel you will drive past Super U, just off the by-pass. Both are open at lunchtimes.

In your “welcome pack” you will find...

- 1 bottle red wine (*e.g. Côtes du Rhône or Bordeaux*)
- 1 bottle white wine (*e.g. Sauvignon or Muscadet*)
- 1 bottle fresh orange juice
- 2 bottles still mineral water
- 1 bottle fresh milk semi-skimmed
- 6 bottles premium lager
- 6 cans soft drink (*e.g. Orangina or Gini*)
- Large bowl of fresh fruit
- Fresh eggs (*from our own chickens*)
- Tomatoes
- French bread
- Green salad (*bagged*)
- Butter (*slightly salted*)
- Local camembert cheese
- Sliced meats
- Croissants & jam

All foodstuffs will be purchased on the day of arrival and, if appropriate, will be in sealed packaging and refrigerated. There will be enough for a light meal for everybody in your party.

If there is anything that you do not like or want, let us know and we will substitute alternatives to your liking. If you'd prefer e.g. “lite” soft drinks or sweet wine let us know. If you'd like us to buy additional food or drink for you prior to your arrival please let us know and we will be happy to do so at cost price.

Vegetarians, vegans and people with specific dietary or religious requirements, please let us know what you would like. Although we will go out of our way to satisfy your needs we regret that we are unable to supply Kosher or Halal foods because of local availability. If you have any allergies or intolerances please tell us so we can make appropriate arrangements. If you are gluten intolerant you are advised to bring suitable foodstuffs with you as gluten free products are not generally available here.

## Food Basics

These will be in the kitchen when you arrive so that you do not need to worry about your first night or so. Resupply is not included in the rental so if they run out please replace them like for like, for yourselves of course but also for the benefit of subsequent guests, as previous guests will have done for you.

- Tea bags
- Coffee (for percolator)
- Coffee filters
- Salt & pepper
- Sugar (cubes)
- Flour (for thickening)
- Olive oil
- Vinegar
- Stock cubes

Notes : We reserve the right to substitute items at our discretion. Whilst we will try hard to provide items that comply with specific dietary requirements, we cannot absolutely guarantee that they will meet those standards.